

## October 2018- High School

Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>1</u></b>	<b><u>2</u></b>	<b><u>3</u></b>	<b><u>4</u></b>	<b><u>5</u></b>
Pasta Bar* Pulled Pork Sandwich(P) Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Buttery Noodles* Broccoli Apples w/ Caramel* Juice Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*	Walking Tacos* Taco Fixings* Bread Chicken Sandwich Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mexican Rice Refried Beans w/ Cheese* Corn Rosey Applesauce Fresh Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*	Cheese Omelet* French Toast Sticks Spicy Chicken Nugget Roll Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Tri-Tators Fries Green Beans Fresh Fruit Apricot Cup Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Brownie* Milk*	Mandarin Chicken & Rice Roll Chicken Tender Wrap* Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Br Rice Pilaf California Veggies Fresh Fruit Applesauce Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*	Smorgasbord*(P) Tony's Sticks* Marinara Sauce Cheese Pizza* Pepperoni Pizza*(P) Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mashed Potatoes* Chicken Gravy Peas Orange Wedges Assorted Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Sugar Cookie* Milk*
<b><u>8</u></b>	<b><u>9</u></b>	<b><u>10</u></b>	<b><u>11</u></b>	<b><u>12</u></b>
Nacho Bar* Rib Sandwich(P) w/ Bun Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Greek Spaghetti* Broccoli Apples w/ Caramel*	Soft Shell Tacos* Taco Fixings* Grilled Chicken Sandwich Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mexican Rice Refried Beans w/ Cheese*	Buffalo Chicken Sandwich Roasted Chicken Roll Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Baby Bakers Green Beans	Popcorn Chicken Roll Spicy Chicken Wrap* Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Br Rice Pilaf California Veggies	Smorgasbord*(P) Pizza Cruncher* Marinara Sauce Cheese Pizza* Pepperoni Pizza*(P) Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mashed Potatoes* Chicken Gravy Peas

<p>Juice Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p>Corn Rosey Applesauce Fresh Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p>Fresh Fruit M Oranges &amp; Pineapple Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Cinnamon Roll* Milk*</p>	<p>Fresh Fruit Applesauce Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p>Orange Wedges Assorted Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Choc Chip Cookie* Milk*</p>
<p><b>15</b> Potato Bar* Mini Corn Dogs Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Spirals &amp; Cheese* Broccoli Apples w/ Caramel* Juice Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p><b>16</b> Chicken Fajita* Taco Fixings* Spicy Chicken Sandwich Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mexican Rice Refried Beans w/ Cheese* Corn Rosey Applesauce Fresh Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p><b>17</b> Shredded Beef Sandwich Chicken Nuggets Roll Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Seasoned Oven Potato Green Beans Fresh Fruit Fruit Cocktail Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Frosted Applesauce Bar* Milk*</p>	<p><b>18</b> Chicken Tenders Roll Grilled Chicken Wrap* Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Br Rice Pilaf California Veggies Fresh Fruit Applesauce Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p><b>19</b> Smorgasbord*(P) Popcorn Shrimp Cheese Pizza* Pepperoni Pizza*(P) Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mashed Potatoes* Chicken Gravy Peas Orange Wedges Assorted Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Shrimp Sauce Ketchup/ Mustard/ BBQ M&amp;M Cookie* Milk*</p>
<p><b>22</b> Pasta Bar* Pulled Pork Sandwich(P) Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/</p>	<p><b>23</b> Walking Tacos* Taco Fixings* Bread Chicken Sandwich Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad*</p>	<p><b>24</b> Cheese Omelet* French Toast Sticks Spicy Chicken Nugget Roll Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap*</p>	<p><b>25</b> Mandarin Chicken &amp; Rice Roll Chicken Tender Wrap* Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad*</p>	<p><b>26</b> Smorgasbord*(P) Tony's Sticks* Marinara Sauce Cheese Pizza* Pepperoni Pizza*(P) Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/</p>

<p>Dressing* Fresh Veggies w/ RF Dip* Fries Buttery Noodles* Broccoli Apples w/ Caramel* Juice Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p>Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mexican Rice Refried Beans w/ Cheese* Corn Rosey Applesauce Fresh Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p>Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Tri-Tators Fries Green Beans Fresh Fruit Apricot Cup Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Banana Bar* Milk*</p>	<p>Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Br Rice Pilaf California Veggies Fresh Fruit Applesauce Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p>Dressing* Fresh Veggies w/ RF Dip* Fries Mashed Potatoes* Chicken Gravy Peas Orange Wedges Assorted Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Sidekicks-Treat Milk*</p>
<p><b>29</b> Nacho Bar* Pork Tenderloin w/ Bun Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Greek Spaghetti* Broccoli Apples w/ Caramel* Juice Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p><b>30</b> Soft Shell Tacos* Taco Fixings* Grilled Chicken Sandwich Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Mexican Rice Refried Beans w/ Cheese* Corn Rosey Applesauce Fresh Fruit Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Milk*</p>	<p><b>31</b> Buffalo Chicken Sandwich Roasted Chicken Roll Cheese Pizza* Pepperoni Pizza*(P) Buffalo Chicken Pizza* Cheeseburger w/ Bun* Hamburger w/ Bun Panini Sub Sandwich* Ham Sandwich* Turkey Sandwich* Ham Wrap* Turkey Wrap* Chef Salad* Romaine Salad w/ Dressing* Fresh Veggies w/ RF Dip* Fries Baby Bakers Green Beans Fresh Fruit M Oranges &amp; Pineapple Gelatin Fr Fruit Cup Yogurt Cup* Lettuce/ FF Mayo Ketchup/ Mustard/ BBQ Yellow Cake* Milk*</p>		

\*Menu Subject to Change